

GED NEWSLETTER

Spring 2022

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CELEBRATING CHANGE

STUDENT SPOTLIGHT

GED GRADUATION



FEELS GOOD TO BE BACK!

NCC MINERVA'S CLASS

NCC RACHEL'S CLASS



SLO DEBORAH'S CLASS



Continuing Education
GED PROGRAM

Celebrating Change

"Every new beginning comes from some other beginning's end."

-Semisonic, Closing Time



Farewell

Thank you for supporting, valuing, and inspiring our students.

Alicia U. Paniagua

is a first-generation Mexican-American college graduate who was born and raised in the Central Coast. She attended Azusa Pacific University (APU) and graduated with a Bachelor of Arts in Spanish. Education and service have always been a passion for Alicia; thus, she earned a Masters of Secondary Education from Loyola Marymount University (LMU). Alicia recently accepted a new position at Cuesta as the Associate Director of Instruction for South County. She is currently providing leadership in the development, implementation, and management of educational programming. In this role, she is very involved in the South County by providing Cuesta linkages with community organizations and agencies. Alicia is committed to engaging in transformative work that celebrates diversity and is dedicated to building a safe and effective learning and working environment that fosters overall empowerment.

Alicia is beyond excited and proud of this promotion. However, she will greatly miss working in the Continuing Education department. Likewise, she will greatly miss supporting and serving each of you. Alicia is thank you for your trust, and she knows you will be successful in your goals!

Congrats!

We wish you the best on your new position!

I'm Gladis Villalpando

Bilingual Academic Success Coach

An Academic Success Coach can help answer your questions and concerns, teach you study strategies, and connect you with resources that can eliminate barriers that are hindering your learning.



Hello

Welcome to the team!

Facts About Gladis

- Daughter of hardworking farm workers
- My mom attended ESL classes (Adult Education is very valuable!)
- Two-time graduate from Fresno State: B.S. in Rec Admin and M.S. in Counseling
- Former Student Success Advisor at Fresno State
- I enjoy traveling and watching tv series (taking recommendations)

Contact 805.546.3941

STUDENT SPOTLIGHT

Christine Hughes

North County Campus

"I want to complete my GED because I am starting a family and I want to get my family in the right place and I want to have the job I want. My friendship with Nayely has helped me in this program because we both help each other with the subjects that we need help on. It is great to have someone that is telling you to push your self and don't give up. I see myself having my daughter and starting to be happy in the field that I want to go into and pushing myself to be a better person in my own home or apartment."



Nayely Chacon

North County Campus

"I want to complete my GED because I would love to tell my kids that you can Graduate one way or another in life and to never give up. My friendship with Christine is a really good bond because we're both pregnant and we help each other a lot through good times and bad times. I love her so much and I am so happy she is my friend and bff. After I obtain my GED, I would love to be In my first semester for Criminal Justice."

David McGraw

North County Campus

"I set out to complete my G.E.D. at the age of 41 because I believe that it's never too late to do something amazing for yourself. Not being a HS graduate has always been a personal and professional hindrance for me. I plan to move on to Barbering School after this course and expand my professional horizons. The G.E.D. culture here at Cuesta has helped me tremendously thus far with it's flexibility, and curriculum that is custom tailored to the individual student. The staff learn in different ways, and are always there to help in whatever way I may need to be successful. Every student in my class arrived with their own story, and skill set, and Cuesta has done a great job at allowing me to learn in a way that works for me. The unwavering support has been instrumental in my success. By this time next year I hope to be wrapping up my Barbering degree and working towards opening my own Barber Shop. Being self employed and in charge of my own financial security has always been a goal of mine. Thank you Cuesta College for helping me lay the foundation to begin my journey in making this dream come true!"



STUDENT SPOTLIGHT

Nancy Marino

North County Campus

"Deseo agarar mi GED porque es una meta que me he propuesto de lograr para poder estudiar una carrera en este pais, ya que me ha dado la oportunidad de poder hacerlo gracias a las clases y la ayuda que nos brinda el Cuesta College para poder lograr tener el GED. Mi experiencia como estudiante del GED ha sido muy buena por que estoy aprendiendo muchas cosas nuevas para mi. El aprender de las experiencias de mis companeros de clase, el escuchar de que cuando se graduen y lo que haran despues eso me impulsa a seguir con mis metas y con mis proposito. Uno de mis odjetivos despues de aprobar el GED es poder lograr estudiar una carrera como asistente medico en este colegio y seguir estudiando para ser una persona preparada y servicial para mi comunidad. Me esforczare por lograrlo, porque estamos en un pais de oportunidades la cosa es querer porque poder si se puede el que no progresa en este pais es porque no quiere. ANIMO SI SE PUEDE!"



Silviu Halapciuc

SLO Campus



"The reason I would like to complete my GED is that it seems to be the oportune time to do it. I have squandered the opportunity when I was in school as a young student, but it's never too late to pick it up again. In doing so, I can invest in my future and better job opportunities, and I'm grateful for it. The GED program helped tremendously, especially the teacher Deborah Reyes, who encouraged and pushed me to do more than I have planned. Also, the resources necessary that the GED program has provided has played a big part in achieving the goals which I have reached so far. One more positive element of the program is that you can do all this at the pace of your own time, which is beneficial for people who work full time, such as myself. And of course thankful for the staff that helped with paperwork to get enrolled in the program. My goal by this time next year is to be halfway through the Cuesta promise studying to get certified as a psych -tech or a similar profession in the medical field."

Tips for Success

STUDY STRATEGIES

1) Set a realistic goal

Write down what you want to gain out of each study session.
Example: Learn 5 new words and their definitions

2) Create a detailed schedule

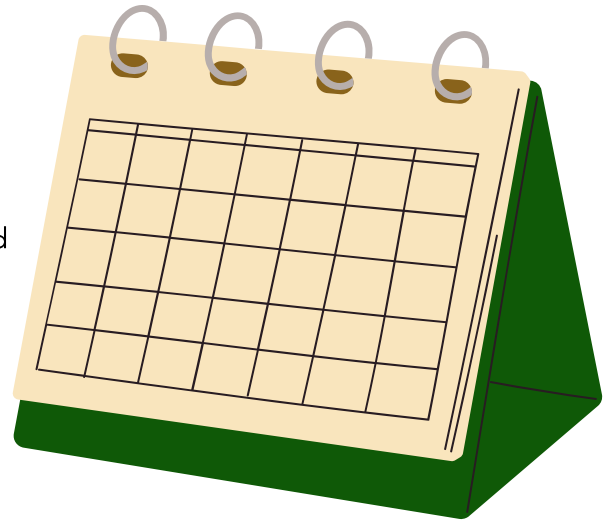
-use your phone calendar or a paper calendar
-Set reminders

This will help you balance your personal, work, and school duties and keep you accountable.

Example: study 30min each day from 8:30-9:00pm

3) Repetition helps the memory

-Create flashcards
-Math: repeat similar problems
-Record yourself explaining a concept/definition and listen to it over and over



In-person graduation will
return May 2023

Congratulations 2021-2022 graduates!

Norma Ruiz Santos
Abigail Veladiz Rojas
Georgina Reyes-Piceno
Jose Guzman Damian
Daniel Gallardo Panfio
Anabelia Fabian Landeros
Maximo Almeida Gutierrez
Mariela Mansilla de Almeida

Karla Vega
Jessica Bruce
Alexia Farnes
Audra Mitchell
Omar Mendoza
Viridana Aldaco
Maria Quen Sosa
Elisha Henderson



Continuing Education
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