



Listed below are online resources with information on parenting and the coronavirus (COVID-19) outbreak, educational and childcare resources, as well as advice on how to talk to children about it. To access the websites, please click on the links below.

Talking to Children about Covid-19

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource

https://childmind.org/article/talking-to-kids-about-the-coronavirus/

School closure learning guide during Coronavirus (COVID-19)

https://www.greatschools.org/gk/coronavirus-school-closure-support

How Parents Can Keep Kids Busy (and Learning) in Quarantine

https://www.theatlantic.com/family/archive/2020/03/activities-kids-coronavirus-quarantine/608110

13 things to keep kids entertained if quarantined for coronavirus

https://eu.usatoday.com/story/tech/reviewedcom/2020/03/12/how-keep-kids-entertained-duringcoronavirus-quarantine/5012810002

How to keep kids busy during coronavirus quarantine

https://abcnews.go.com/GMA/Family/kids-busy-coronavirus-guarantine/story?id=69531272

The family lockdown guide: how to emotionally prepare for coronavirus quarantine

https://www.theguardian.com/world/2020/mar/13/the-family-lockdown-guide-how-to-emotionallyprepare-for-coronavirus-quarantine

The Secret to Keeping Your Kids Happy, Busy and Learning if Their School Closes Due to Coronavirus

https://time.com/5803373/coronavirus-kids-at-home-activities

Visit the website: www.AnthemEAP.com Login: SISC





Child Care COVID-19 Resources

CDC Checklist for Teachers and Parents:

https://www.cdc.gov/coronavirus/2019-ncov/community/schoolschildcare/checklist.html

Web Resources for Locating Day Care Centers, Family Day Care Homes, and Child Care

Financial Assistance:

https://www.childcareaware.org/resources/map

https://childcareta.acf.hhs.gov/licensing

https://www.acf.hhs.gov/occ/resource/ccdf-grantee-state-and-territory-contacts

Babysitter and Nanny Resources:

The websites listed below are online posting boards that help families find a nanny or babysitter independent of a placement agency. These sites allow parents to place an advertisement for a caregiver or browse the resumes of nannies and babysitters who are looking for a child care position. Please note that there may be fees associated with these services and that parents are responsible for checking references. Some sites partner with background-check agencies, and services are available for an additional fee. Please click on the following links for additional information:

https://www.gonannies.com

https://www.care.com

https://www.seekingsitters.com

https://www.care4hire.com

https://www.nannylane.com

https://www.sittercity.com

Visit the website: www.AnthemEAP.com Login: SISC